

Gap Africa



The City Experience: **Cape Town: Houtbay**

Soccer training, community volunteering, and Cape Town exploration
Duration: 6 months

Are you ready to spend 6 months pursuing your footballing dreams while exploring the stunning city of Cape Town? This immersive Gap Year programme offers a unique mix of soccer, personal development, volunteering, and adventure, all at an affordable price.

Highlights of the programme include:

- A fully residential program at The Campus, with all meals provided
- Full training kit and gym access
- Daily training with **UEFA-qualified coaches**, and visits by local and **international scouts!**
- Weekly sessions with our **Sports Scientist and Mental Performance Coaches**
- **Volunteering opportunities** in local clubs, charities and schools, tailored to the interests of the student
- **Develop your English skills**, and experience life in a new context, with great opportunities for social interaction and growth
- **Exciting adventures across Cape Town**, from scenic hikes to thrilling ziplining and more
- Optional: A **National Certificate in Coaching Science, Sports Management or Fitness** from our partner Physical IQ Sports Academy, or an English Language course onsite

* *Some tourist activities may incur additional costs activities may incur additional costs*

Start Date: Flexible

Cost: €5 500 for 6 months (Certificate course is an additional €950)

Email: hello@gapafrika.travel for more info

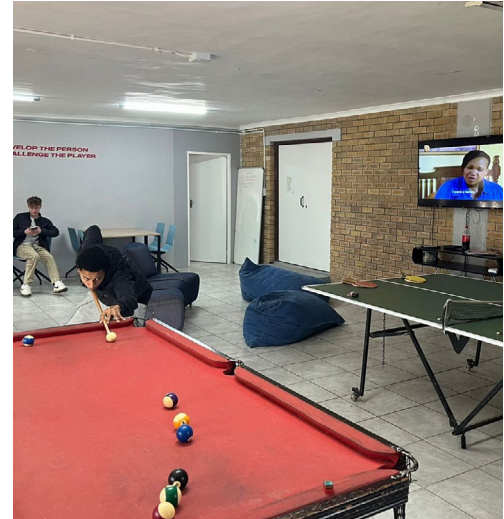
KEY LEARNING GOALS

Football Skills and Coaching Knowledge: Enhance your soccer abilities through daily training with UEFA-qualified coaches, and gain insights into coaching and sports management with the option to earn a National Coaching Certificate.

Cultural and Language Development: Improve your English skills while immersing yourself in South African culture, fostering personal growth through social interactions and volunteering in local communities.



**Gap
Africa**



YOUR STAY AT THE CAMPUS

The Campus is our Head Quarters and the base of all of our operations. It houses 16 of our Elite Men's team players and an additional 45 Cape Town academy players. It provides office space to over 50 full time employees, and includes a canteen where all of our players receive nutritious meals prepared for them on-site. There are classrooms, an audio visual room, a gym, a five-a-side court and a commons room that includes a TV, Pool Table and other activities.

The aim of The Campus is to provide a safe environment to our many beneficiaries where they can relax, feel supported and work hard towards achieving their goals, both on and off the football field.

During their time at The Campus, our youth players will be able to count on mental and emotional support from our experienced care-givers and house parents. These players will also have access to numerous mentors helping them to achieve their dreams both on and off the pitch. They will truly be in an environment that enables them to focus on what is important: developing their football ability, achieving academic success, and becoming a well-rounded, moral human being.